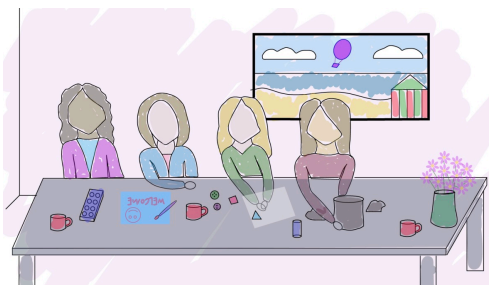


# ADULT SUPPORT GROUP



## What we do:

- Our Adult Support Group is a safe group that provides support to those experiencing an eating disorder. It takes place from 1800-1930. The group will be structured and offer various workshops to help you on your journey to recovery. If you would like to attend this group you will need to book a place. Please email [admin@caraline.com](mailto:admin@caraline.com) for details and to confirm your place and we look forward to seeing you at the group.

**2<sup>nd</sup> Monday each month**  
**1800-1930**



## CARALINE

Kline House, 13 George Street West  
Luton, Beds LU1 2BJ  
01582 454474  
[admin@caraline.com](mailto:admin@caraline.com)  
[www.caraline.com](http://www.caraline.com)