

**Person Specification  
Band 7 Specialist Eating Disorder Dietician**

**Work Place: Caraline Eating Disorder Charity**

Area	Essential	Desirable
<b>Attainment/ Qualifications</b>	<ul style="list-style-type: none"> <li>• Qualification of a Bachelors of Science degree in Nutrition and Dietetics or equivalent.</li> <li>• Registered with the Health and Care Professions Council</li> <li>• Active continuing involvement in appropriate CPD</li> </ul>	<ul style="list-style-type: none"> <li>• BDA and Mental Health Group Membership</li> <li>• Cognitive Behavioural Therapy Course</li> <li>• Motivational interviewing skills course.</li> </ul>
<b>Skills</b>	<ul style="list-style-type: none"> <li>• Articulate with good verbal and written skills</li> <li>• Ability to communicate effectively with service users in one-to-one and group settings</li> <li>• Able to convey highly contentious information e.g. (challenge weight manipulation</li> <li>• Good interpersonal dietary, counselling and motivational skills</li> <li>• Contribute to clinical meetings and make referrals where appropriate to other professionals</li> </ul> <p><b>Analytical &amp; Judgement skills:</b></p>	<ul style="list-style-type: none"> <li>• Being able to develop educational programmes for staff and service users</li> </ul>

	<ul style="list-style-type: none"> <li>• Able to complete individual comprehensive nutritional eating disorder assessment for service users.</li> <li>• Able to plan, organise and priorities your own clinical caseload based on risk.</li> <li>• Able to use clinical judgement to inform case review/risk strategy meetings and arrange</li> </ul> <p><b>Personal Skills:</b></p> <ul style="list-style-type: none"> <li>• Able to demonstrate confidence and motivation.</li> <li>• Exceptional time management skills and the ability to prioritise own caseload</li> <li>• Able to work autonomously within professional guidelines.</li> <li>• Reflective practitioner, able to highlight own learning needs</li> </ul>	
<p><b>Knowledge and Experience</b></p>	<ul style="list-style-type: none"> <li>• Minimum of 3 years recent clinical experience including relevant training and experience within eating disorders</li> <li>• Evidence of CPD in a range of clinical settings relevant to this post</li> <li>• Experience of working as an integral member of an MDT</li> </ul>	

	<p><b>Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Knowledge of clinical research and governance</li> <li>• Understanding the need of confidentiality awareness at all times</li> <li>• Knowledge of impact of eating disorders on the nutritional needs of service users</li> <li>• Able to demonstrate up to date knowledge of current national subjects e.g. NICE</li> </ul>	
<b>Values</b>	<ul style="list-style-type: none"> <li>• Respect and build trust</li> <li>• Compassionate</li> <li>• Be responsive, listen and positivity</li> <li>• Engage and encourage</li> <li>• Dignity</li> <li>• Value other people</li> <li>• Value learning and innovation</li> </ul>	